

## **Kusa Treks – Medpace – Classic Peru Itinerary**

### **High Level Itinerary**

- May 24: Welcome to Peru. Hotel Wyndham Lima Airport Hotel.
- May 25: Flight to Cusco. Free afternoon. Cooking class and Welcome Dinner. Hotel Sonesta.
- May 26: Free morning in Cusco. Tour of Cusco in the afternoon. Hotel Sonesta in Cusco.
- May 27: Tour of the Sacred Valley. Hotel in Ollantaytambo.
- May 28: Short Inca Trail OR train to Aguas Calientes. Casa Del Sol Boutique Hotel.
- May 29: Tour of Machu Picchu. Train back to Cusco. Sonesta Hotel in Cusco.
- May 30: Rainbow Mountain OR chocolate tour. Hotel Sonesta in Cusco.
- May 31: Maras and Moray tour with visit to Chinchero Village. Flight to Lima in the evening.

**NOTE:** Exact hotels are subject to change, but will be same class and quality.

### **Tour Includes**

- 2 in country flights (LIM – CUZ – LIM)
- 4 transfers (airport – hotel – airport)
- 7 nights in 4-star hotels
- Guided tour of Cusco
- Guided tour of the Sacred Valley
- Short Inca Trail hike
- Guided tour of Machu Picchu
- Guided tour of Maras and Moray
- Guided tour of Rainbow Mountain OR tour of Chocolate Museum
- Roundtrip train tickets
- English speaking tour guide
- Meals described in the itinerary below (7 Breakfasts, 6 Lunches, 6 Dinners)
- All entrance fees of the activities described

### **Tour Does Not Include**

- International flights
- Alcoholic & supplemental non-alcoholic beverages / snacks
- Tips & gratuities
- Personal expenses
- Souvenirs

### **2025 Rates:**

- Double Occupancy: \$2,470 USD per person
- Triple Occupancy: \$2,520 USD per person
- Single Occupancy: \$3,210 USD per person

## Detailed Itinerary

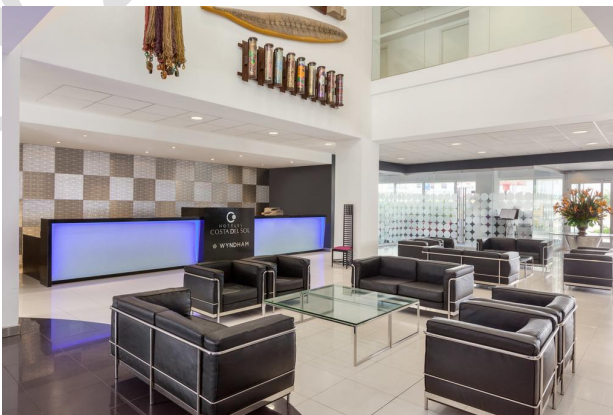
### **May 24: Welcome to Peru!**

**Meals Included:** None

**Accommodation:** Hotel Costa del Sol Wyndham Lima Airport

After clearing customs, you will be met by a Kusa Treks representative who will lead you to Hotel Costa del Sol Wyndham Lima Airport, which is connected to the airport by a skybridge.

### Hotel Costa del Sol Wyndham Lima Airport



## May 25: Flight to Cusco | Cooking Class | Welcome Dinner

**Meals Included:** Breakfast, lunch and Welcome Dinner

**Accommodation:** Hotel Sonesta in Cusco

Your group will have a ~1 hour flight from Lima to Cusco. Upon arriving to Cusco, the group will be driven to the Sonesta Hotel, which will be your “home base” for the next week. You will have a free afternoon to relax and get acclimated to the higher altitude.

In the evening your tour guild will lead the group to the historic San Pedro Market, which is the largest market in Cusco and a wonderful place to experience local culture. You will shop for local ingredients that you will use to make a delicious dinner!

After the shopping trip you will have a short 5-10 minute walk to a professional kitchen located near the main plaza of Cusco. A chef will provide the group with instructions on how to make a delicious 4-course Peruvian meal using local ingredients (including some that you just purchased!).

The group will sit down in the adjoining dining room and eat the wonderful meal you just created.



## May 26: Free Morning | Tour of Cusco

**Meals Included:** Breakfast, lunch and dinner

**Accommodation:** Hotel Sonesta in Cusco

You will have a free morning to relax, walk around the city and continue to acclimate to the altitude in Cusco.

IN the afternoon the group will visit the highlights of Cusco, a beautiful, colonial city in South America, declared by UNESCO as part of the Cultural Heritage of mankind. The first stop was located at the very center of the Inca Empire: Coricancha (Q'oricancha), or the Temple of the Sun. At this incredible site you will witness the stark contrast between the Inca and Spanish methods of construction. This temple was the physical and spiritual center of the Incas.

After touring Coricancha, you will take a 25-minute bus ride to the outskirts of Cusco, where you will visit Sacsayhuaman, which is a vast, incredible site covered in, 200-ton monoliths! Following Coricancha you will be taken back to your hotel where you will be able to relax for a bit before enjoying a group dinner.



## May 27: Sacred Valley Tour

**Meals Included:** Breakfast, lunch and dinner

**Accommodation:** Hotel in Ollantaytambo

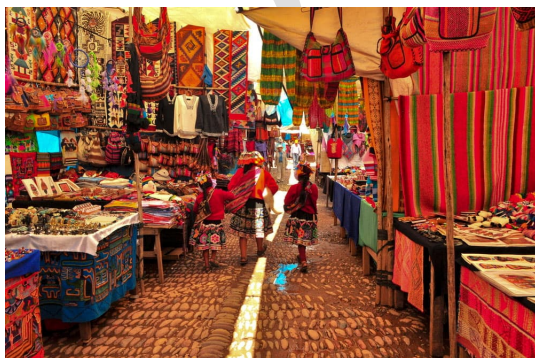
Your Kusa Treks guide will pick you up from your hotel lobby at 8AM. Your tour will be in a private van as you drive from Cusco through the Sacred Valley. The Sacred Valley was one of the main areas the Incas settled because of its abundance of fertile plains in the high-lands of the Andes.

The first stop on the tour will be at a famous point called El Mirador (the Lookout Point). From this vantage point, you will see the majority of the Sacred Valley as it stretches out below you. It's an incredible site!

After this beautiful site, you will visit the ruins of Pisac Fortress where you learn more about Inca culture. In Pisac you will see amazing works of stone art and impressive agricultural terraces. After touring this site, you will drive down below the ruins of the Fortress to the 600-year old town of Pisac to visit a bustling handicraft market. Your guide will show some good booths where you can sharpen your bargaining skills with the local merchants.

Following your visit in Pisac, you will take a quick drive to the town of Urubamba, where you will enjoy lunch at a local Andean restaurant.

After lunch the tour will continue with a drive along the Urubamba River towards the town of Ollantaytambo. Upon reaching Ollantaytambo, you will visit a massive set of Inca ruins. This site was built during the height of the Inca empire and is an incredible example of Inca ingenuity and construction. The tour ends around 3pm with a drop off at your hotel in Ollantaytambo.



## May 28: Short Inca Trail Trek OR Train to Aguas Calientes

**Meals Included:** Breakfast, lunch and dinner

**Accommodation:** Casa del Sol Machu Picchu Boutique Hotel

It will be early start today, your Kusa Treks guide will lead you on a 10-minute walk to the train station in Ollantaytambo. Here you will board an Expedition Train for the Trail Head of the Short Inca Trail (Km 104). After an hour and 45-minute train ride, you will start today's hike on the Inca Trail by submitting your passports at a control check point.

**\*NOTE:** For those that do not want to hike, there is an option to stay on the train all the way to your hotel in Aguas Calientes. Here you can tour Botanical Gardens, relax or visit the Hot Springs\*

Today you will hike on the exact same path that the Incas built hundreds of years ago! The hike is ~7 miles and will take 7-8 hours, with several stops along the way to visit Inca ruins, archeological sites and natural wonders.

The largest of these sites is called Wiñay Wayna (affectionately known as "Baby Machu Picchu"). Your guide will explain the importance of this site, after which you will enjoy a multi-course meal prepared by our team of chefs!

The final part of the hike will take you up a set of steep stairs to reach the "Sun Gate", where you will have an incredible vantage point to view the ruins of Machu Picchu below. By now it will be late afternoon, and you will begin to descend the stone steps built by the Incas. At each turn a different and wonderful view of Machu Picchu will present itself.

Around sunset, your guide will lead you past the entrance of Machu Picchu to a bus stop, where you will take a 25-minute bus down to the charming town of Aguas Calientes. In Aguas Calientes the group will enjoy a lovely meal at a local restaurant and then turn in for the night at your hotel.



## May 29: Tour of Machu Picchu

**Meals Included:** Breakfast, lunch and dinner

**Accommodation:** Hotel Sonesta in Cusco

Today you will discover Machu Picchu, the world-famous sacred city of the Incas and one of the Seven Wonders of the World. You will take the same bus you took last night after your hike, back up to the entrance gates of Machu Picchu, which open at 6AM.

All of our guides have been to Machu Picchu hundreds of times and will lead you to the best places to view the ruins. Once the city begins to fill with more tourists, you will start your guided tour, starting with the impressive Temple of the Sun. You will see several iconic areas of Machu Picchu including: The Citadel, The Royal Tomb, the Main Plaza, the Condor Temple and more.

After the guided tour, you will have time to explore the ruins on your own. Those who have permits to climb Huayna Picchu will do that hike after your guided tour. Following free time, you will take bus back to Aguas Calientes in the early afternoon. Depending on the train schedule, you will either have time for lunch in Aguas Calientes or you will head straight for the train station. From Aguas Calientes, the train will travel 2 hours to the Ollantaytambo station, where our private van will be waiting to take you the remaining 2-3 hours back to Cusco.



## May 30: Option 1 – Rainbow Mountain Hike

**Meals Included:** Breakfast, lunch and dinner

**Accommodation:** Hotel Sonesta in Cusco

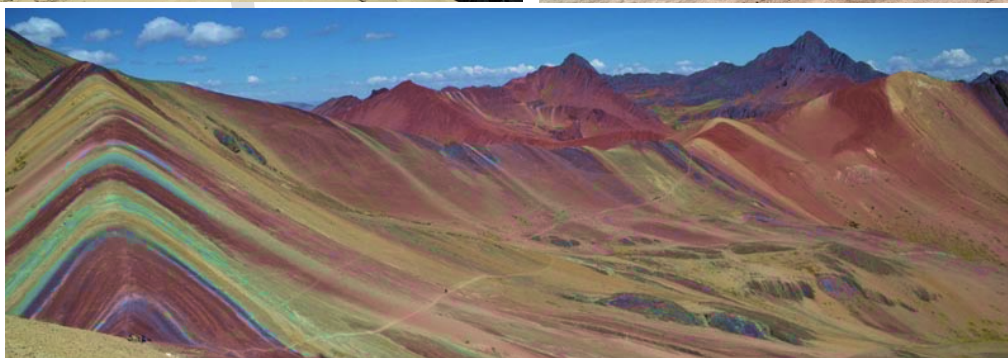
The day will begin with an early morning pick-up from your hotel. You will commence on a 3.5 drive in a private van, passing through traditional villages to the trail head. Once you reach the trail head, you will stop and enjoy a hearty breakfast, prepared by our professional chef.

After breakfast the hike will start from the town of Chillca, located at 12,100 feet. The hike is a gradual ascent for approximately 3-hours. The high altitude makes this hike particularly difficult, but the incredible destination makes it all worth it!

During the hike, you will enjoy amazing views of the surrounding Andes, glacial peaks, red mountains, rocky hills, and traditional llamas and alpacas that graze in this valley. This is one of the few places in the world where you can see wild Vicuñas (the Andean camel). Vicuñas are in the same family as llamas, although they are much smaller. Their wool is the most expensive wool in the world. One sweater made of Vicuña wool is more than \$5,000!

Once you arrive at the top of Rainbow Mountain, you will have time to absorb the majesty of the colorful mountains that surround you. After taking pictures and soaking in the views, you will begin the descent back to the trail head. This will be a 2-hour, downhill hike. You will meet up with our professional chef and enjoy a freshly prepared hot lunch.

After lunch you will get back in the van for the return trip back to the hotel in Cusco, arriving around 8PM.





## May 30: Option 2 – Chocolate Museum Tour and Massage

**Meals Included:** Breakfast, lunch and dinner

**Accommodation:** Hotel Sonesta in Cusco

The Chocolate Museum is not an ordinary museum experience, it is more like boutique chocolate shop. This half-day tour is a wonderful option for those who do not want to do another want to learn the interesting history of Peruvian chocolate. Today your group will be taken on the journey of delicious South American chocolate, from the harvesting of the cocoa beans to the drying of the cocoa pods.

You will learn about the history of cocoa and chocolate, as well as make your own chocolate. You will be offered free samples, flavored liquors, cocoa tea, and jams among many other things when entering. This is a great place to buy some gifts for family members waiting for you at home.

This will be a fun gastronomic experience, where you will also enjoy the history that surrounds Peruvian cocoa, from its beginnings in the Inca civilizations to the periods when the conquerors arrived in the Americas. You can have a personal experience with cocoa, preparing different products, and homemade chocolates.

Following your visit of the Chocolate Museum, you have the option to enjoy a world class massage right at your hotel. Your masseuse will ease the muscles made tired by the Inca Trail trek and provide a relaxing escape from life's stresses.



## May 31: Tour of Maras and Moray with visit to Chinchero Village

**Meals Included:** Breakfast and lunch

**Accommodation:** Hotel Sonesta in Cusco

You will be picked up from your hotel between 8-8:30AM. From Cusco it is a 1.5-hour drive through parts of the incredible Sacred Valley to Moray. During the drive, you will see incredible mountain peaks, farms and natural wonders. Our first stop will be Moray, which is one of the best-preserved examples of the terraced farming technique the Incas used to thrive in the Andes.

In Moray you will observe the concentric circles that made up an Inca agricultural laboratory. Your tour guide will lead you on a 5–10-minute hike down into the archaeological site. Once you reach the bottom, you will receive a guided tour of the site.

After touring Moray, you will drive a few miles down the road to Maras. This area is a collection of over 3,000 salt pools carved into a mountainside. These pools have been here for over 1,000 years and are fed daily by a stream of water from the mountain. It is truly a breathtaking site.

Following the tour of Maras, you will have lunch in a local Andean Village, where you will visit one of the many villages that we partner with in charitable work! You will share a meal with locals and have the opportunity to purchase any last-minute souvenirs.

After lunch, you will have 1 hour drive back to your hotel in Cusco to gather your luggage before a Kusa Treks van will take the group to the CUZ airport 2 hours before your flight to LIM departs.

Have a safe flight home! And we will see on your next adventure!

